

# The Dodgeball Digest

A MONTHLY PLAYWORKS NEWSLETTER

## GET IN THE GAME

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### SKILL OF THE WEEK:

**Inclusion!** One of Playworks' core values is inclusion. Inclusion is described as making sure everyone is engaged in the activity.

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### GAMES WE PLAYED:

- My DVD Player
  - Hungry Fox
  - Silent Trees
  - Bunnies and Wolves
  - 3 Lines Basketball
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### TRY IT AT HOME:

- [My DVD Player](#)
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### WHAT'S COMING UP

Join us on November 3, for the most unique family runs around: [Run the Raceway!](#) This fun run will allow runners experience of running on the same race track that Nascar legends have before



## RECESS ROCKSTAR

### COACH VAN!!!

Coach Van is our Recess Rockstar this month because of all he has done to support the launch of Playworks at Shumway! He does a great job of teaching students Playworks games and reinforcing Playworks strategies during P.E.. You can also find him attending after school programming, supporting Junior Coaches, and starting games at recess! Thank you for all that you do for our students Coach Van!